

# POPLAR BLUFF HOUSING AUTHORITY | February 2025



## **February Fun Facts**

- Groundhog Day February 2, 2025
- **Violets and Primrose are February Flowers**
- Leap year every 4 years
   Super Bowl 2nd Sunday February 9, 2025
  - National Pizza Day February 9, 2025
     National Cherry Month
- Presidents Day February 10, 2025
- National Make a Friend Day February 11, 2025
  - Amethyst Birthstone
- Valentine's Day February 14, 2025
   Random Act of Kindness Week February 17, 2025
- - National Tater Tot Month
  - **Most Romantic Month**







### **ABUSE HOTLINES**

Adult Abuse (800) 392-0210 Domestic Abuse (800) 799-7233

Sexual Assault (800) 656-HOPE

Suicide Prevention (800)273-TALK Substance Abuse & Mental Health (SAMHSA) (800) 662-HELP (4357)

### **Twin Towers Directory**

Housing (573) 785-8265 Maintenance (573) 785-2623 Beauty Shop - COMING SOON

#### **CONTACT INFO**

**Northside Nutrition Center** 573-686-2074

**Resident Services Coordinator** 

				Jessica Dawson – 785-8265		
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2	9:00 – Towers Exercise Class 1:00 Towers BINGO  Monthly Pest Control Week 1 Unit #181 - #262	8:00 Grace Toenail Clinic	9:00 - Towers Exercise Class 9:00 - Towers Garden Club  10:00 - Nutrition Center Crown Hospice BINGO	6	7 1:00 – Towers BINGO  11:30 - Hillcrest MU Extension Nutrition Class	8
9 Bread Shed Community Meal	9:00 - Towers Exercise Class  1:00 - Towers BINGO  Monthly Pest Control Week 2 Units #289-#366 #263-#269	11	9:00 – Towers Exercise Class 9:00-Towers Garden Club	1:00 - Towers Alzheimer's Assoc Healthy Habits	14 1:00 – Towers Americorp Valentine's Day Social 4:00 - Towers Young at Heart	15
16 Bread Shed Community Meal	9:00 – Towers Exercise Class 1:00 - Towers BINGO  Monthly Pest Control Week 3 Units #367-#444 #270-#288	18	9:00 – Towers Exercise Class 9:00 - Towers Garden Club  10:00 - Nutrition Center MO Highlands Healthy Heart	20	21 1:00 – Towers BINGO	22
23 Bread Shed Community Meal	9:00 – Towers Exercise Class  1:00 – Towers BINGO  Monthly Pest Control Week 4 Units #445-#498 Units #625-#654	25	9:00 - Towers Exercise Class 9:00 - Towers Garden Club	27	1:00 - Towers BINGO  10:30 - Poplar Bluff Library Crown Hospice BINGO	