

# Northside Nutrition Center AT TWIN TOWERS



**SENIORS OVER 60: \$5.00**

**UNDER 60: \$7.00**

**FISH FRIDAYS: \$7.00**

**Include: Fish, Tater Tots,  
Baked Beans,  
Coleslaw, Hush puppies, Dessert  
and Drink**

**SERVING TIME 11:00AM-12:30PM**

**MENU IS SUBJECT TO CHANGE WITHOUT NOTICE**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p><b>1</b></p> <p>Taco Salad Refried Beans Tortilla Chips or Crackers Tropical Fruit</p>	<p><b>2</b></p> <p>BBQ Riblet or BBQ Ribs Potato Salad Coleslaw Bread Applesauce</p>	<p><b>3</b></p> <p>Chicken &amp; Rice Green Beans Beets Bread Mandarin Oranges</p>	<p><b>4</b></p> <p>Sloppy Joe on a Bun Cali-Blend Veggies Seasoned Wedges Pineapple Tidbits</p>
<p><b>7</b></p> <p>Pasta with Meaty Sauce Italian Blend Veggies Garden Salad Bread Citrus Salad</p>	<p><b>8</b></p> <p>Oven Fried Chicken Mashed Potatoes Green Beans Bread Apple Crisp</p>	<p><b>9</b></p> <p>Ham &amp; Beans Oven Fried Potatoes &amp; Onions Stewed Tomatoes Cornbread or Crackers Blushing Pears</p>	<p><b>10</b></p> <p>Sweet &amp; Sassy Chicken Buttered Noodles Glazed Carrots Sweet Peas Bread Mixed Fruit</p>	<p><b>11</b></p> <p>Baked Chicken Baked Beans Coleslaw Bread Spiced Peaches</p>
<p><b>14</b></p> <p>Chicken Tenders on Bun or Bread Season Wedges Spinach Au Gratin Mandarin Oranges</p>	<p><b>15</b></p> <p>Ground Beef Stroganoff Vegetable Blend Corn Bread Peaches</p>	<p><b>16</b></p> <p>Chef Salad Sweet &amp; Sour Beets Crackers Jell-O with Bananas</p>	<p><b>17</b></p> <p>Herb Roasted Chicken Legs Potatoes Green Beans Hot Roll or Bread Warm Cinnamon Apples</p>	<p><b>18</b></p> <p>Pulled Pork on Bun or Bread Baked Potato Broccoli Slaw Fruit Salad</p>
<p><b>21</b></p> <p>Ham Slice with Pineapple Sweet Potatoes Cali- Blend Veggies Hot Roll or Bread Applesauce</p>	<p><b>22</b></p> <p>Andre's Meatloaf Mashed Potatoes Green Beans Hot Roll or Bread Peach Crips with Topping</p>	<p><b>23</b></p> <p>Chicken &amp; Spinach Alfredo Pasta Garden Salad Parmesan Peas Bread or Hot Roll Tropical Fruit</p>	<p><b>24</b></p> <p>Orange Glazed Pork Loin or Chops Lima Beans Hot Roll or Bread Jell-O with Pears</p>	<p><b>25</b></p> <p>Baked Chicken Potato Salad Coleslaw Bun or Bread Mixed Fruit</p>
<p><b>28</b></p> <p>French Onion Chicken Baked Mixed Beans Season Broccoli Hot Roll or Bread Peaches</p>	<p><b>29</b></p> <p>Sweet &amp; Sour Pork Chops Served Over Rice Oriental Vegetables Peas &amp; Carrots Bread or Hot Roll Pineapple</p>	<p><b>30</b></p> <p>Chicken &amp; Dumplings Coleslaw Tomatoes &amp; Zucchini Bread or Crackers Fruit Salad</p>		