

Northside

Nutrition Center

AT TWIN TOWERS



SENIORS OVER 60: \$5.00

UNDER 60: \$7.00

FISH FRIDAYS: \$7.00

**Include: Fish, Tater Tots,
Baked Beans,
Coleslaw, Hush puppies, Dessert
and Drink**

SERVING TIME 11:00AM-12:30PM

MENU IS SUBJECT TO CHANGE WITHOUT NOTICE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Chicken Sandwich on a Bun or on Bread Spinach or Spinach Salad Corn Peaches	3 Taco Salad Refried Beans Tortilla Chips or Crackers Tropical Fruit	4 BBQ Riblet or BBQ Ribs Potato Salad Coleslaw Bread Applesauce	5 Chicken & Rice Green Beans Beets Bread Mandarin Oranges	6 Sloppy Joe on a Bun Cali-Blend Veggies Seasoned Wedges Pineapple Tidbits
9 Pasta with Meaty Sauce Italian Blend Veggies Garden Salad Bread Citrus Salad	10 Oven Fried Chicken Mashed Potatoes Green Beans Bread or Hot Roll Apple Crisp	11 Ham & Beans Oven Fried Potatoes & Onions Stewed Tomatoes Cornbread or Crackers Blushing Pears	12 Sweet & Sassy Chicken Buttered Noodles Glazed Carrots Sweet Peas Bread Mixed Fruit	13 Baked Chicken Baked Beans Coleslaw WG Bread Spiced Peaches
16 Chicken Tenders Bun or Bread Season Wedges Spinach Au Gratin Mandarin Oranges	17 Ground Beef Stroganoff Vegetable Blend Corn Bread Peaches	18 Chef Salad Sweet & Sour Beets Crackers Jell-O with Bananas	19 Herb Roasted Chicken Legs Potatoes Green Beans Hot Roll or Bread Warm Cinnamon Apples	20 Pulled Pork on Bun or Bread Baked Potato Broccoli Slaw Fruit Salad
23 Ham Slice with Pineapple Sweet Potatoes Cali- Blend Veggies Hot Roll or Bread Applesauce	24 Meatloaf Mashed Potatoes Green Beans Hot Roll or Bread Peach Crips	25 Chicken & Spinach Alfredo Pasta Garden Salad Parmesan Peas Bread or Hot Roll Tropical Fruit	26 Orange Glazed Pork Loin or Chops Lima Beans Hot Roll or Bread Jell-O /w Pears	27 Baked Chicken Potato Salad Coleslaw Bun or Bread Mixed Fruit
30 French Onion Baked Chicken Mixed Beans Season Broccoli Hot Roll or Bread Peaches		 Open every Saturday 8:00 - 12:00		