

Northside

Nutrition Center

AT TWIN TOWERS



SENIORS OVER 60: \$5.00

UNDER 60: \$7.00

FISH FRIDAYS: \$7.00

Include: Fish, Tater Tots,
Baked Beans,
Coleslaw, Hush puppies, Dessert
and Drink

SERVING TIME 11:00AM-12:30PM

MENU IS SUBJECT TO CHANGE WITHOUT NOTICE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 Open Every Saturday 8:00 - 12:00	1 Sweet & Sour Pork Chops Over Rice Oriental Vegetables Peas & Carrots Bread or Hot Roll Pineapple	2 Chicken & Dumplings Coleslaw Tomatoes & Zucchini Bread or Crackers Fruit Salad	3 Saucy Meatballs Mashed Potatoes Beets with Pineapple Hot Roll or Bread Mandarin Oranges	4 
7 Chicken Sandwich Bun or Bread Spinach or Spinach Salad Corn Peaches	8 Taco Salad Refried Beans Tortilla Chips or Crackers Tropical Fruit	9 BBQ Riblet or BBQ Ribs Potato Salad Coleslaw Bread Applesauce	10 Chicken & Rice Green Beans Beets Bread Mandarin Oranges	11 Sloppy Joe on Bun Cali-Blend Veggies Seasoned Wedges Pineapple Tidbits
14 Pasta with Meaty Sauce Italian Blend Veggies Garden Salad Bread Citrus Salad	15 Oven Fried Chicken Mashed Potatoes Green Beans Bread or Hot Roll Apple Crisp	16 Ham & Beans Oven Fried Potatoes & Onions Stewed Tomatoes Cornbread or Crackers Blushing Pears	17 Sweet & Sassy Chicken Buttered Noodles Glazed Carrots Sweet Peas Bread Mixed Fruit	18 Baked Chicken Baked Beans Coleslaw Bread Spiced Peaches
21 Chicken Tenders Bun or Bread Season Wedges Spinach Au Gratin Mandarin Oranges	22 Ground Beef Stroganoff Vegetable Blend Corn Bread Peaches	23 Chef Salad Sweet & Sour Beets Crackers Jell-O with Bananas	24 Herb Roasted Chicken Legs Potatoes Green Beans Hot Roll or Bread Warm Cinnamon Apples	25 Pulled Pork on a Bun Baked Potato Broccoli Slaw Fruit Salad
28 Ham Slice with Pineapple Sweet Potatoes Cali- Blend Veggies Hot Roll or Bread Applesauce	29 Meatloaf Mashed Potatoes Green Beans Hot Roll or Bread Peach Crip	30 Chicken & Spinach Alfredo Pasta Garden Salad Parmesan Peas Bread or Hot Roll Tropical Fruit	31 Orange Glazed Pork Loin or Chops Lima Beans Carrots Hot Roll or Bread Jell-O with Pears	