



NO.011

CHECK THIS OUT!

NOVEMBER 2025

Monthly Newsletter

November Warmth: A Happy Home Flows Freely

As the scent of pumpkin pie fills the air and guests gather, it's all fun and laughter — until a sink won't drain or the toilet decides it's on vacation!

Before the turkey's in the oven, give your home a little TLC:

Bathroom Boost

- Keep the flushable wipes in the trash.
- Use a mesh catcher to trap hair and soap scum in the bathtub.
- Hold the flush handle down until the swirl is done — that's how the toilet does its best work!
- And please, toss “flushable” wipes in the trash — our pipes are small and mighty, but not built for that challenge.

Bonus Tip: Keep grease and gravy out of the sink; pour them into a can instead.

So this November, give thanks, give grace, and give your drains some love —

because a happy home starts with a healthy flush!

Calendar

1. Saturday Nov. 1st 2pm Free Movie, Rogers Theatre
2. Wednesday Nov. 5th 10 am Bingo Crown Hospice, Northside Nutrition
3. Friday Nov. 14th 4pm Young at Heart Bingo, Twin Towers
4. Friday Nov. 14th at 8am-1:30pm Care Givers Connection, Holiday Inn
5. Last Wednesday of Month 3 pm, Bingo with Endeavor Home Care ,Twin Towers
6. Garden Club Wednesdays 9am Community Room, Twin Towers



Weather Folklore

- 1. "Thunder in November: Thunder during this month is said to indicate a fertile year ahead."
- 2. Berry crops: If birds have eaten all the berries off bushes early, the winter will likely be cold and snowy.



Blast from the past

Do you know who this is ?

Hint: He is from Missouri

Email your answer to Jessica the ROSS Coordinator at jessica@pbhousing.org



What is the Mascot for Three Rivers College Sports teams?

- A. Bulldog
- B. Mules
- C. Raiders
- D. Dolphins

**Cut and Curl Hair
Salon
Twin Towers
1-205-377-3825**



Dogs must be on a leash at all times when outside of apartment



ROSS COORDINATOR JESSICA

573.872.4122

Resident Spotlight

Name: Anna Ruth

Age: 93

How long have you lived here? Since April 2025, I actually lived in a nice place that was destroyed by the March 2025 tornado. I lost my car in that storm as well.



“example of operator”

What are some of your favorite hobbies or activities? “I used to love traveling. And also playing cards, we played a lot of games like pinochle.

Do you have any brother or sisters? Nope -no sisters, no brothers, no children.

Do you have any pets? “Yes, actually I do have a pet cat, named cuddles. He is really sweet but he is also very spoiled. He is a very large cat, 16lbs in fact. When he needs to go the vet, it is challenging enough, my neighbors help me with the kennel, when I take him to the vet. I have some great neighbors here at Twin Towers.”

What some of the careers you have experienced? “When I lived in Detroit, Michigan, I worked for the telephone company, when they were using switch boards. I did mainly long distance, someone calls in and tells me the operator where they want to place a call and I connect them. I then watch the lights and wait until it to go off and stamp a ticket with the cost of their call. This was all done by hand. I handled up to 6 lines at once. It was fun, I liked that job. ”

How much did you make an hour at that job? “I made \$60 week and I worked 40 hours a week. “

Is there anything else you did you were proud off or had fun memories of ? “ Yes, my husband and I became business owners, when we moved to this area. We bought the Blue Moon Saloon. We ran it with country themed activities and music. It was a lot of fun with live music and square dancing. There was even a fiddler player. We also owned a package store in Doniphan once. Called the Current View. We enjoyed running our own business“

If you had advice for young people what would you tell them? “Get a job or a career and make something of your self. “

Bread Shed Dates

Food Distribution-Poplar Bluff – Saturday 8th, 2025 from 7 am-9 am

ABC –Wednesday 12th, 2025, from 1 pm, Food Distribution through school program

Diaper Distribution – Thursday 13th, 2025 from 8:30 am - 10:00 am

Senior Boxes –Thursday 20th , 2025 from 8:30 am - 10:00 am

Breaking Bread - Free Community Meal – Sundays 11:30am-1pm

LIHEAP

IF YOUR UTILITIES ARE NOT INCLUDED IN YOUR RENT. YOU MIGHT BE ELIGIBLE FOR ASSISTANCE WITH THE UTILITY BILL.

CONTACT JESSICA THE ROSS
COORDINATOR FOR ASSISTANCE
573.872.4122
ENERGY ASSISTANCE

Grace Toenail Clinic

At Twin Towers First

Tuesday of each month

Call For Apt. 573-686-2074

Pest Control Schedules

FAMILY

1st week of every month Units #001 - #070

• 2nd week of every month Unit #071 - #140

• 3rd week of every month Units #141 - #180 and #519 - #550

• 4th week of every month Units #551 - #624



There must be an adult at least 18 years of age or older present when our Pest Control Professionals arrive at FAMILY UNITS; otherwise, the monthly Pest Control treatment will not be done. It will be your responsibility to contact the Maintenance Office at 573-785-2623 to reschedule.

ELDERLY

• 1st week of every month Units #181 - #262

• 2nd week of every month Units #289 - #366 and #263 - #269

• 3rd week of every month Units #367 - #444 and #270 - #288

• 4th week of every month Units #445 - #498 and #625 - #654

Please make sure your unit is ready for monthly Pest Control treatment by simply:

- Keeping your home clean.
- Cleaning up food and dishes.
- Ensure trash is picked up and disposed of properly.
- Keeping food in sealed containers or properly wrapped.
- Not storing items in the furnace room.

We cannot emphasize enough the importance of keeping your unit clean. Maintaining a clean unit keeps you in compliance with the terms of your lease but it also provides a clean, safe, and sanitary home for you and your family, which is extremely important as well.

CUT AND CURL HAIR SALON NOW OPEN IN THE N. TOWER



SCHEDULE YOUR
APPOINTMENT
205-377-3825
Salon Open on
Tuesday & Thursday

Happy Thanksgiving

Young at Heart

BINGO

Join us !
Twin Towers Community Room
Friday the 14th from 4-5 pm.

Register Today!
Caregivers Connection
November 14, 2025
Free Lunch with preregistration by October 30th.

Time: 8:30 a.m. - 1:30 p.m.
8:00 a.m. - Breakfast and Registration

Location: Holiday Inn Poplar Bluff
2781 North Westwood Blvd, Poplar Bluff
Call or text register
573-413-0492

SCAN TO
REGISTER ONLINE

**FREE
EVENT**

WALKER ALZHEIMER'S ASSOCIATION | CRC | AgingMatters | AARP | POPLAR BLUFF HOUSING AUTHORITY

Exclusive
Caregiving clip from
Hallmark's
Executive Producer
of "The Chicken
Sisters" Erin Gibson.
Sharing her real life
care giving
experiences.

RODGERS THEATRE

SUPERMAN (1978)

**SHOWING
SATURDAY
NOV. 1st**

**SHOW AT 2:00 PM
DOORS OPEN AT 1:30 PM
• FREE ADMISSION •**

HERO WEEK

DOOR PRIZES FOR THOSE DRESSED UP IN HERO OR VILLIAN COSTUMES

FREE soda & popcorn

Adult Abuse Hotline at (800) 392-0210