



NO.0016

CHECK THIS OUT!

APRIL 2026

WELCOME TO OUR
Monthly Newsletter

rentpayment
from MRI Software

The fast, easy way to pay your rent!

Company has teamed up with RentPayment, so you can skip the paper checks and pay your way – no mailing or dropping off your rent at the office. Pay securely from anywhere, whether by credit card, online, or with the mobile app. No more late fees or worries!

- 1 Simply download the app or visit RentPayment.com.
- 2 Select Make a Payment, New Users and Setup Account to create your account.
- 3 Add your preferred payment method and you're all set!

PAY YOUR RENT HASSLE-FREE – SIGN UP FOR RENTPAYMENT!

Available payment methods vary. Not all payment methods may be offered by your property. Additional fees may apply.
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New Online Features

For assistance or help call 573 785 8265

Online Maintenance Requests Are Now Available

VISIT OUR WEBSITE AT
WWW.PBHOUSING.ORG

OR USE THE QR CODE

POPLAR BLUFF HOUSING - AUTHORITY -

Calendar

1. **Northside Nutrition BINGO Crown Hospice 10am Wednesday April 1st**
2. **Twin Towers Tai Chi 10am Monday and Wednesdays**
3. **Twin Towers Resident Bingo 1pm Mondays and Fridays**
4. **Twin Towers Independent Living Exercise 1pm Tuesdays and Thursdays**
5. **Twin Towers Garden Club 9am Wednesdays**
6. **Twin Towers Egg Hunt 2pm Thursday 8th**
7. **Twin Towers Board Room, Senior Seminar 10 am Tuesday 21st**
8. **Twin Towers Community Room, Red Cross Blood Drive 9am–2pm Tuesday 21st**

Poplar Bluff Housing Receptionist 573 785 8265



Weather Folklore
MISSOURI WINTERS

“April showers bring May flowers”

“A wet April fills the barn.”

“When April blows its horn, it's good for hay and corn.”

“APRIL SHOWERS BRING MAY FLOWERS”



Blast from the past

Do you know what show this is ?

Email your answer to Jessica
ROSS Coordinator at
jessica@pbhousing.org



What river runs near Poplar Bluff?

- A. Current River B. Missouri
- C. Black D. Mississippi



Dogs must be on a leash at all times when outside of apartment



Resident Spotlight

Name: Denise Farris

Age: 72

How long have you lived here? 4 ½ yrs



Where were you born? Have you lived here in Southeast Missouri all your life? “No, actually, I am from Maine.”

What brought you to Missouri? “Expensive housing costs forced me to explore other living options. I had a friend that was moving to Missouri and I joined them.”

How did you adjust to the big move? “A lot was happening at that time, and I started to notice I was changing. I came out of my shell and became more outgoing. My kids and I noticed, and we enjoyed our phone calls. They expressed that they wanted me to come back to Maine, but they noticed how happy I was in Missouri. “

Do you have any interesting hobbies you would like to share with us? “I like fishing and taking care of my pets. I am also a little bit of a sports fan. I am a loyal Red Sox fan, but I also like the St. Louis Cardinals. “

Do you have any pets? Any funny stories? “When I first came to Missouri, I had a cat come with me. I adopted that cat, his name is Hershel from the Walking Dead television show. I also have a mini-Dachshund named Fenway after the Baseball Park in Boston.”

Can you share a defining moment or life experience that impacts who you are today? “I had a health challenge, a stroke, and overcoming it was challenging. It took some time to recover.”

Do you have any goals or dreams you wish to accomplish? “Yes, I am dreaming about having my own home with a yard for the dog to play in. Larry and I hope to move to our own place someday soon.”

Do you have any advice for young people or future generations? “Be respectful and save for retirement.”

Is there anything you wish someone would have told you when you were young? “Healthy relationships are important and watch out for red flags in people.”

What are some of your favorite things? “My favorite drink is Diet Dr. Pepper, and I love the color blue, and my favorite season has to be Spring.”

“Denise is always smiling and reminds us all to keep on living. I will never forget when she was planning her wedding at Twin Towers and how they let everyone celebrate with them.”, Jessica Dawson

Resident Spotlight

If interested in sharing your story please call 573 872 4122

Bread Shed Dates:

ABC – Wednesday, April 8th, 1:00 pm

Diaper Distribution – Thursday, April 9th, from 8:30 am – 10:00 am

Food Distribution-Poplar Bluff – Saturday, April 11th 7:00 am – 9:00 am

Senior Boxes – Thursday, April 16th, from 8:30 am – 10:00 am

Community Meal- Every Sunday at 11:30am

LIHEAP

IF YOUR UTILITIES ARE NOT INCLUDED IN YOUR RENT. YOU MIGHT BE ELIGIBLE FOR ASSISTANCE WITH THE UTILITY BILL.

**CONTACT JESSICA THE ROSS
COORDINATOR FOR ASSISTANCE
573.872.4122
ENERGY ASSISTANCE**

Grace Toenail Clinic

Call For Apt. 573-686-2074



Pest Control Schedules

FAMILY

- 1st week of every month Units #001 - #070
- 2nd week of every month Unit #071 - #140
- 3rd week of every month Units #141 - #180 and #519 - #550
- 4th week of every month Units #551 - #624

There must be an adult at least 18 years of age or older present when our Pest Control Professionals arrive at FAMILY UNITS; otherwise, the monthly Pest Control treatment will not be done. It will be your responsibility to contact the Maintenance Office at 573-785-2623 to reschedule.

ELDERLY

- 1st week of every month Units #181 - #262
- 2nd week of every month Units #289 - #366 and #263 - #269
- 3rd week of every month Units #367 - #444 and #270 - #288
- 4th week of every month Units #445 - #498 and #625 - #654

Please make sure your unit is ready for monthly Pest Control treatment by simply:

- Keeping your home clean.
- Cleaning up food and dishes.
- Ensure trash is picked up and disposed of properly.
- Keeping food in sealed containers or properly wrapped.
- Not storing items in the furnace room.

We cannot emphasize enough the importance of keeping your unit clean. Maintaining a clean unit keeps you in compliance with the terms of your lease but it also provides a clean, safe, and sanitary home for you and your family, which is extremely important as well.



April 10th
4-5pm
Twin Towers
Community Room

506 Hazel Street, Poplar Bluff Mo. 573.872.4122



**INDEPENDENT LIVING
 CENTER OF SEMO**

SENIOR FITNESS EXERCISE CLASS
 Held in Twin Towers Activity Room

ANNOUNCEMENT

New days and hour beginning April 2nd



Tuesdays & Thursdays 1PM-2PM

Taught by Certified Instructors

FREE OF CHARGE
LOW IMPACT EXERCISES
WHAT BETTER WAY OF
KEEPING YOUR JOINTS
HEALTHY & HAPPY!!!!



For more information:
 Contact Suzann McKnight
 ILCSEMO
 Arthritis Program Coordinator
 573-686-2333 Ext. 222

American Red Cross



Every 2 seconds, someone in the U.S. needs blood.
 Help save lives.

Give blood.

Blood Drive
Poplar Bluff Housing Authority

The Towers - Lobby
 506 Hazel
 Poplar Bluff, MO 63901

Tuesday, April 21, 2026
9:00 a.m. to 2:00 p.m.

Please call 1-800-RED CROSS (1-800-733-2767) or visit RedCrossBlood.org and enter: PBHousing to schedule an appointment.



Help hope bloom! Give blood 4/13-30 for \$15 e-gift card to merchant of choice. See rcblood.org/hope



Scan to schedule an appointment.

SENIOR SEMINAR
UPCOMING
Events

- 20 JAN** BUILDING BONDS
10:00 AM - 11:00 AM
- 21 APR** EMERGENCY PREPAREDNESS
10:00 AM - 11:00 AM
- 18 AUG** HOW TO SPOT SCAMS
10:00 AM - 11:00 AM
- 17 NOV** GIFTING ON A BUDGET
10:00 AM - 11:00 AM

JOIN US FOR
 INFORMATIONAL SESSIONS,
 SNACKS AND PRIZES
 COMMUNITY ROOM
 @TWIN TOWERS



**AmeriCorps
 Seniors**